

Jay Curriculum: Lesson Plan Outline

UNIT/TOPIC: Staying Clean & Hand Washing

GRADE LEVEL: 3-4

ATTENDANCE:

GREETING:

DATE CREATED:

LEARNING RESULTS:

A1, A7, C1, C3

INTRODUCTION:

Keeping the body clean helps keep you healthy. You look and feel your best.

Practices that help you attain this end:

- Wash your hands often – the right way. Before eating, after going to the bathroom, after coughing or sneezing into your hands, after petting or touching animals.
- Proper Procedure: use soap & warm water. Count to 10 slowly while you scrub.
- Clean your teeth 2x's a day – floss 1x a day
- Take a bath often – use soap, wash all parts of your body
- Change socks and underwear every day
- Comb your hair

ACTIVITY:

Use Germ Glow and special light to show germs before washing. Then wash hands properly and use light again.

IF TIME:

Do hand washing word scramble.